

## Growing healthy brains

### Caregiver statements

Read the statements. Discuss which you think are most likely to grow a healthy brain!

<b>A</b> Caregiver sings songs, such as nursey rhymes, with the young child.	<b>B</b> Caregiver talks to the child whilst doing the daily housework.	<b>C</b> Caregiver sits at the table and watches the child play. Every so often they comment on what the child is doing.
<b>D</b> Caregiver invites other children over to play, so they can spend time on their phone.	<b>E</b> Caregiver hangs out the washing and counts each item along with the child.	<b>F</b> Caregiver tells the child off for mixing the playdough colours.
<b>G</b> Caregiver lets the child choose a game to play together.	<b>H</b> Caregiver lets the child choose dinner every day. They have chicken nuggets and chips most nights.	<b>I</b> Caregiver leaves the child to watch CBeebies whilst preparing lunch.
<b>J</b> Caregiver reads a pop-up book to a child. The caregiver lifts the panels on the page to prevent them breaking.	<b>K</b> Caregiver reads a book or looks at their phone whilst looking after the baby. The baby can't talk or play yet.	<b>L</b> Caregiver reads a book to a toddler. The child holds the book, pressing buttons and turning pages.